

# “Pick It Up”

Easy Intermediate 4 Wall Line Dance (32 Counts)

Choreographer: Robbie McGowan Hickie (UK) [www.robbiemh.co.uk](http://www.robbiemh.co.uk)

Choreographed To: “Wine It” by Jarvis Church - Feat. Rock Supreme (116 bpm)

Intro: 32 Counts from Main Beat ... Available: [www.7digital.co.uk](http://www.7digital.co.uk)

## **Cross. Side. Behind & Heel Jack. & Cross. Side. Sailor 1/4 Turn Right.**

- 1 – 3 Cross step Left over Right. Step Right to Right side. Cross Left behind Right.  
&4 Step Right to Right side and slightly back. Dig Left heel *Diagonally* forward Left.  
&5 – 6 Step Left beside Right. Cross step Right over Left. Step Left to Left side.  
7&8 Sweep/Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right.

## **Toe Points (Left & Right). & Left Heel-Ball-Step Forward. Dorothy Steps (Left & Right).**

- 1& Point Left toe out to Left side. Step Left beside Right. (*Facing 3 o'clock*)  
2& Point Right toe out to Right side. Step Right beside Left.  
3&4 Touch Left heel forward. Step ball of Left beside Right. Step forward on Right.  
5 – 6 Step Left *Diagonally* forward Left. Lock step Right behind Left.  
& Step ball of Left *Diagonally* Left.  
7 – 8 Step Right *Diagonally* forward Right. Lock step Left behind Right.  
& Step ball of Right *Diagonally* Right.

## **Forward Rock. Left Lock Step Back. 2 x 1/2 Turns Right. Behind & Cross.**

- 1 – 2 Rock forward on Left. Rock back on Right.  
3&4 Step back on Left. Lock step Right across Left. Step back on Left.  
5 – 6 Make 1/2 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.  
7&8 Sweep/Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

## **Side Rock. Recover 1/4 Turn Right. Left Shuffle Forward. Forward Rock. Triple 3/4 Turn Right.**

- 1 – 2 Rock Left out to Left side. Recover weight on Right making 1/4 turn Right. (*Facing 6 o'clock*)  
3&4 Left shuffle forward stepping Left. Right. Left.  
5 – 6 Rock forward on Right. Rock back on Left.  
7&8 Right Triple step making 3/4 turn Right stepping Right. Left. Right. (*Facing 3 o'clock*)

## **Start Again**