

# Hearts & Flowers

32 count, 4 wall, Beginner  
Choreographer Adrian Churm (UK)

Choreographed To  
Hearts & Flowers by Dave Sheriff

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<b>Section 1</b>	<b>Heel Digs, Coaster Step, Heel Digs, Coaster Step.</b>
1 - 2	Touch Right Heel Forward Twice.
3 & 4	Step Back Right. Step Left Beside Right. Step Right Forward.
5 - 6	Touch Left Heel Forward Twice.
7 & 8	Step Back Left. Step Right Beside Left. Step Forward Left.
<b>Section 2</b>	<b>Right Shuffle, Left Shuffle, Cross Rock &amp; Shuffle 1/2 Turn Right.</b>
9 & 10	Step Forward Right. Close Left Beside Right. Step Forward Right.
11 & 12	Step Forward Left. Close Right Beside Left. Step Forward Left.
13 - 14	Cross Rock Right Over Left. Rock Back Onto Left.
Note:	Steps 15 - 18 Travel Towards Back Wall.
15 & 16	Shuffle Step 1/2 Turn Right, Stepping - Right, Left, Right.
<b>Section 3</b>	<b>Left Shuffle 1/2 Turn Right, Coaster Step, Charleston Steps.</b>
17 & 18	Shuffle 1/2 Turn Right, Stepping - Left, Right, Left.
19 & 20	Step Back On Right. Step Left Beside Right. Step Forward Right.
21 - 22	Step Forward Left. Touch Right Toe Forward.
23 - 24	Step Right Toe Back. Touch Left Toe Back.
<b>Section 4</b>	<b>Charleston Steps, Heel Toe Touches, 1/4 Turn Left.</b>
25 - 26	Step Forward Left. Touch Right Toe Forward.
27 - 28	Step Right Toe Back. Touch Left Toe Back.
29 - 30	Touch Left Heel Forward. Touch Left Toe Back.
31 - 32	Step Left 1/4 Turn Left. Touch Right Beside Left.

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