

# KABOUTERDANS

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Choreographer : Unknown  
Music : Kabouterdans – Kabouter Plop (The Groovy Dance Mix)  
Type : Phrased, 4 walls  
Level : Beginner  
Sequence : A A A A A B A A A A B B A A A A B B A A

## Part A (The Freeze)

### **Grapevine right, hop & clap twice, grapevine left, hop & clap twice**

1 – 2 Step RF to right side, cross LF behind RF  
3 – 4 Step RF to right side, hop on RF (*clap twice on count & 4*)  
5 – 6 Step LF to left side, cross RF behind LF  
7 – 8 Step LF to left side, hop on LF (*clap twice on count & 8*)

### **Step back right, left, right hop & clap twice, step, rock, step, scuff with ¼ turn & clap twice**

1 – 4 Step back on RF, step back on LF, step back on RF, hop on RF & clap twice  
5 – 8 Step forward on LF, rock back on RF, rock forward LF with ¼ turn left, hop on LF & clap twice

## Part B. (FUN!!!!!!!!!!)

### **Full turn (to left), stomp feet in place (shoulder width apart)**

1 – 4 Step RF, LF, RF, LF making a full turn left  
5 – 8 Stomp RF, stomp LF, stomp RF, stomp LF

### **Waving arms, squats, in place**

1 – 4 Wave both your arms in the air, left, right, left, right  
5 – 8 (*Bend your knees, stick your bum out, and put your hands on your knees*) Stomp RF, stomp LF, stomp RF, stomp LF

### **Goose walk**

1 – 8 (*keep your position with hands on knees*) Stomp RF, stomp LF, stomp RF, stomp LF, stomp RF, stomp LF, stomp RF, stomp LF – walking in a circle around yourself.

**Repeat!**

